

# False Bay Swim

## Relay crossing Application



Please fill in all details below. Make sure everyone reads and signs it.  
 Email the signed form to: [falsebayswimming@gmail.com](mailto:falsebayswimming@gmail.com)

### Swim Information

Swim Route Swim Category Ways Swimmers

Swimmer's Name Age M/F Email Cell Phone Nationality

Emergency contact Name Relationships Cell Phone Age

Expected pace km/h

Team Swimming Experience

### Declaration

***We declare that we understand and accept for myself as the Swimmer or (if my child is the Swimmer) for myself and my child named above, that:***

1. I am a trained open water swimmer and I am in good fitness and health to participate in the swim.
2. I am aware of the swim details and I have read, studied and understand the possible swim conditions I may encounter.
3. I am aware of wild life inhabitation in the bay.
4. I believe I am fit and ready for the swim and I hold no one but myself as responsible if the swim is not successful.
5. All information stated above is true and accurate
6. I indemnify the FBSA , its board, the Pilot and the Observer from any possible claims related to the swim above.
7. I do reserve my rights with regard to claims resulting from gross negligence misconduct or deliberate misconduct.
8. I have read and understand the FBSA swimming rules and I understand the possible consequences of breaching them.
9. All information given for the purpose of this swim, data collected and medical information disclosed is the property

I, signed below, declare that I have read, understand and agree with the terms of participation in this swim as stated above.

Signature Relationship Signature Date Place

Fees [quoted in ZAR] – All fees must be paid at least 30 days prior to the attempt

Relay = 2 Swimmers = R3600; 3 Swimmers = R4200;

4 Swimmers = R4800; 5 Swimmers = R5400;

6 Swimmers = R6000

Pilot fees to be negotiated with the Pilot