

# False Bay Swim

## Solo Crossing Application



Please fill in all details below. Make sure everyone reads and signs it. Once completed - please save it and email the signed form to: info@falsebayswim.co.za

### Swim Information

Swim Route		Swim Category		Ways	
Swimmer's Name	Age	M/F	Email	Cell Phone	Nationality
Emergency contact Name	Relationships	Cell Phone	Age		

Expected pace km/h

Swimming Experience - briefly describe swims you have done in teh past 2-3 yaers , conditions, distances

### Declaration

***I declare that we understand and accept for myself as the Swimmer or (if my child is the Swimmer) for myself and my child named above, that:***

1. I am a trained open water swimmer and I am in good fitness and health to participate in the swim.
2. I am aware of the swim details and I have read, studied and understand the possible swim conditions I may encounter.
3. I am aware of wild life inhabitation in the bay.
4. I believe I am fit and ready for the swim and I hold no one but myself as responsible if the swim is not successful.
5. All information stated above is true and accurate
6. I indemnify the FBSA , its board, the Pilot and the Observer from any possible claims related to the swim above.
7. I do reserve my rights with regard to claims resulting from gross negligence misconduct or deliberate misconduct.
8. I have read and understand the FBSA swimming rules and I understand the possible consequences of breaching them.
9. All information given for the purpose of this swim, data collected and medical information disclosed is the property

**I declare that I have read, understand and agree with the terms of participation in this swim as stated above.**

Name of	Signature	Relationship	Signature	Date	Place
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Fees [quoted in ZAR] – All fees must be paid at least 30 days prior to the attempt

Membership fees valid for 12 months – R200 per swimmer

Solo = R3000

Pilot fees to be negotiated with the Pilot